

SMALL PLATES

Mayra's Soups / Seasonal / watermelon tomato gazpacho **Vegan/GF** & Chalk Board / cup 7 bowl 8

Polenta Fries / polenta sautéed w/pesto / topped w/grated parmesan / served w/roasted red pepper sauce / 13/18

Finger-Licking-Good / crispy sautéed fingerling potatoes / garlic / shallots / truffle salt / w/savory dipping sauces / 11/16 **Vegan** request

"Baja Style" Shrimp Cocktail / shrimp / clam juice / ketchup / lime juice / English cucumber / avocado / jicama / garlic / hot sauce / 15

Gotta Have a Meatball / Niman Ranch angus beef meatballs w/garlic & herbs / baked in a tomato sauce w/melted cheese / **GF** 12/18

French Onion Fondue / caramelized sweet onions / gruyere / butter / dry sherry / thyme / 14 **GF** upon request

SALADS **Organic Greens - Mary's Organic Chicken - All Salads** 15.5

Farmers Daughter / greens / shredded beets / diced broccoli / carrots / toasted almonds / goat cheese / fig balsamic dressing

Up Town / roasted beets / seasonal citrus / oranges / avocado / micro greens / poppy seed dressing / **Vegan**

Cherry Blue / baby romaine / Point Reyes Blue cheese / Neufeld Farms dried cherries & walnuts / balsamic vinaigrette

Back Yard BBQ / romaine / roasted corn / tomatoes / black beans / bbq sauce / pepitas / tortilla strips / chipotle dressing / **Vegan**

Hippie Caesar / our version of the classic / watermelon radish / carrots / capers / parsnip hemp croutons / cashew dressing / **Vegan**

Stay Fit / baby greens / Mary's chicken breast / chickpeas / goat cheese / sundried tomatoes / olives / pepitas / basil vinaigrette

Get Chopped / baby greens / Mary's chicken breast / Applewood bacon / farm egg / avocado / creamy blue cheese dressing

Off the Hook / sustainable line caught albacore tuna / olives / sundried tomatoes / capers / farm egg / lemon olive oil

SANDWICHES & SUCH **Gluten-Free Vegan Bread** by Mama Mels -1 **Vegan Cheese Optional** - 2

Chick-a-luma / Mary's chicken breast / sliced honey crisp apples / gruyere / arugula / pesto aioli / 16 w/soup or potato salad

The BLAST / Applewood smoked bacon / smoked salmon / lettuce / tomato / avocado / aioli / 17 w/soup or potato salad

Adult Grilled Cheese / rustic country bread / comte' / gruyere / bacon / Victor's secret spread / caramelized shallots / 16 w/soup or potato salad

Tuna Rustica / sustainable line caught albacore tuna / olives / sundried tomatoes / capers / baby greens / aioli / 15.5 w/soup or potato salad

Quinoa Sweet Potato Cakes / brussels sprouts slaw / lemon tahini / roasted red pepper & creamy cashew sauces / 18 **Vegan/GF**

Plant It Burger / quinoa / Rancho Gordo black beans / walnuts & seasoning / lemon tahini / sundried tomato pesto / 16 **Vegan** w/potato salad

Apricot Glazed Turkey Burger / Diestel ground turkey / apricot chipotle glaze / gruyere / sautéed squash / mustard aioli / 16.5 w/potato salad

Goat's Favorite Burger / Niman Ranch angus beef / tomato / house made pickles / aioli / house made ketchup / 17.5 w/potato salad

Shepherd's Pie / roasted Italian fennel sausage / carrots / mushrooms / english peas / mashed potato whip / 18 **Vegan**

NEAPOLITAN STYLE PIZZAS **Gluten-Free Vegan Pizza Crust Optional** - 3 **Vegan Cheese optional** - 2

In Season / pesto sauce / burrata / shaved parmesan / artichokes / balsamic roasted tomato's / black cerignola olives / lemon oil / 19.5

Margherita / tomato sauce / Grande fresh mozzarella / basil / 14.5

Four Cheese Fig & Pig / house made fig spread / fontina / asiago / goat & blue cheese / prosciutto / wild baby arugula / 18.5

Mediterranean / pesto sauce / mozzarella cheese / roasted tomatoes / kalamata olives / artichokes / cremini mushrooms / red onion / 17

Into The Woods / EVOO French onion mascarpone / Hen of the Woods mushrooms / mozzarella trio / sweet drop peppers / truffle oil-20

Up Rooted / za'atar potato sauce / farmhouse cheddar / pepper jack / smoked gouda / parm / sundried tomato's / broccoli / 19.5 **Vegan**

Fog Lifter / tomato sauce / mozzarella / Fontanini spicy Italian fennel sausage / pepperoni / Applewood smoked bacon / 19

Perfect Pair / EVOO / mozzarella / sautéed pears / Point Reyes blue cheese / smoked uncured ham / wild baby arugula / fennel / 18.5

Because we are not a **Gluten-Free** restaurant we cannot guarantee that cross-contamination will not occur.

EVOO = Extra virgin olive oil **GF** = *Gluten Free*, **Vegan**

A 4% service charge will be applied to offset rising costs.