

Mayra's Soups / Tomato Cucumber Gazpacho V GF 10. **Chalk Board Special** / cup 8. bowl 10.

Simply Good Olives / organic Mediterranean olives / local olive oil / rosemary / thyme / garlic / orange rind / V GF / 8.

Polenta Fries / polenta sautéed w/pesto / topped w/grated parmesan / served w/roasted red pepper sauce / 15. GF

Finger-Licking-Good / roasted fingerling potatoes / garlic / shallots / truffle salt / w/savory dipping sauces / V request +1 GF / 14.

Hot n Bubbly Dip / artichoke / smoked gouda / white cheddar / spinach / mild fresno red chilis / tortilla chips GF / 17.

Toybox Squash / mix summer squash / poached cherry tomato / cashew cream / chimichurri / pinenuts / V GF / 15.

Ellie Belly / braised pork belly / duo lentils & cucumber salad / shaved carrots / bourbon glaze / GF / 17.

Gotta Have a Meatball / Niman Ranch angus beef / parmesan / garlic & herbs / tomato sauce / melted cheese / 15. GF request +1

SALADS GF **Organic Greens - Mary's Organic Chicken** - Add: Chicken +6 Shrimp +8

Farmers Daughter / baby greens / shredded beets / riced broccoli / carrots / toasted almonds / goat cheese / fig balsamic vinaigrette / 18.

Power Bowl / baby greens / cabbage / carrots / pickled onion / tamari tofu / quinoa / egg / sunflower seeds / hummus / lemon dressing / 19.

Gone Fishing / seared sesame ahi / mixed greens / cabbage / snap peas / pickled onion / enoki mushrooms / orange sesame dressing / 24.

Back Yard BBQ V / romaine / corn / tomatoes / black beans / bbq sauce / pepitas / tortilla strips / chipotle dressing / V / 19.

Hippie Caesar / our VEGAN version of the classic / black spanish radish / carrots / capers / parsnip hemp croutons / cashew dressing / V / 18.

Stay Fit 2.0 / baby greens / chicken / chickpeas / feta cheese / pickled green beans / cucumber / red onion / pepitas / basil vinaigrette / 19.

Get Chopped / baby greens / chicken / Applewood smoked bacon / egg / avocado / creamy blue cheese dressing / 19.5

Up Town / roasted red & golden beets / oranges / avocado / hempseed / microgreens / poppyseed vinaigrette / V / 18.

SANDWICHES & SUCH **Gluten-Free Vegan Bread by Mama Mels Optional +2 Vegan Cheese Optional +3**

Chick-a-luma / Mary's chicken breast / sliced honey crisp apples / gruyere / arugula / pesto aioli / soup or side salad / 18.

The BLAST / Applewood smoked bacon / smoked salmon / lettuce / tomato / avocado / aioli / soup or side salad / 19.

Adult Grilled Cheese / rustic country bread / comte' / gruyere / bacon / Victor's secret spread / caramelized shallots / soup or side salad / 17.

Veggie Delight / wild mushrooms / artichokes / red bell pepper / sauteed onion/ greens / truffle oil / fontina cheese / soup or side salad / 18.

Plant It Burger V / quinoa / black beans / walnuts & seasoning / lemon tahini / sundried tomato pesto / side salad V / 18.

Apricot Glazed Turkey Burger / Diestel ground turkey / apricot chipotle glaze / gruyere / sautéed squash / mustard aioli / side salad / 19.

WGB Burger / Niman Ranch angus beef / white cheddar / lettuce / tomato / house made pickles / aioli / house made ketchup / side salad / 19.

Lamb Burger / Niman Ranch lamb / marinated mushrooms / red onion / goat cheese / truffle aioli / house made ketchup / side salad / 23.

Dos Street Tacos / seasoned wild cod / home made corn tortillas / avocado tomatillo salsa / sriracha aioli / cabbage slaw / 18. GF

Quinoa Sweet Potato Cakes V / brussels sprouts slaw / lemon tahini / roasted red pepper & creamy cashew sauces V GF / 19.

Shepherd's Pie V / roasted Italian fennel vegan sausage / carrots / mushrooms / english peas / mashed potato whip V GF / 20.

Salmon Piccata / red & green lentil cucumber salad / lemon white wine capers sauce / GF / 29.

NEAPOLITAN STYLE PIZZAS **Gluten-Free Vegan Pizza Crust Optional +3 Vegan Cheese optional +3**

In Season / olive oil / fresh mozzarella & fontina / zucchini / garlic / corn / bacon / balsamic reduction drizzle / 23.

Margherita / tomato sauce / Grande fresh mozzarella / basil / 19.

Four Cheese Fig & Pig / house made fig spread / fontina / asiago / goat & blue cheese / prosciutto / wild baby arugula / 25.

Mediterranean / pesto sauce / mozzarella cheese / roasted tomatoes / kalamata olives / artichokes / cremini mushrooms / red onion / 22.

The Pearl V / tomato sauce / miyoko's mozzarella / italian fennel vegan sausage / pepperoncini / beech mushrooms / pearl onion / basil V/25.

Fog Lifter / tomato sauce / mozzarella / Fontanini spicy Italian fennel sausage / pepperoni / Applewood smoked bacon / 24.

Perfect Pair / EVOO / mozzarella / roasted pears / Point Reyes blue cheese / smoked uncured ham / wild baby arugula / fennel / 23.

EVOO = Extra virgin olive oil GF = Gluten Free, V = Vegan—20% gratuity will be added to parties of 6 or more and credit card authorizations without signature.